

## Risk Management & Insurance



### Benefit News

#### **Member ID Cards**

As you start to schedule dental or vision exams in the upcoming months, remember:

Dental - for information on your plan or to find a participating dentist, please visit [PCS dental plans](#).

MetLife Dental PDP Program: MetLife does not issue ID cards, however it is not necessary to have a card to use the benefit. Your provider should call Met Life at 800-942-0854 to verify coverage. The group number is G95682.

If your dentist is not a MetLife preferred provider and you need to submit a claim form to MetLife [claim form](#), print and give to your dentist to complete.

Humana Dental: you MUST go to an in-network dentist. The plan ID#548085 and member services contact number is 800-979-4760. Member services can answer questions in regards to your coverage and/or you can request an ID card.

Eye Med Vision: member services number is 866-299-1358 and the plan ID number is 9856857. If you see an out-of-network provider use this [claim form](#)

You can contact Eye Med to request an ID card or download the app and shake your phone, your ID card should appear.

### Wellness News

#### **Virtual Quit Your Way- Tobacco Cessation Courses Available through AHEC**

CNAHEC is now offering tobacco cessation classes virtually. All participants will still receive 4 FREE weeks of nicotine replacement therapy. These community classes are free for all participants. For more details, schedule, and how to register, click [here](#).

#### **Complete Preventive Screenings to Earn Your Aetna Health Promise Credits**

Preventive screenings are important to stay healthy and detect any issues early so they are easy and less expensive to treat. As doctor's offices begin to reopen, schedule your preventative visits for 2020. Earn credits towards the Aetna Health Promise to receive \$200 or \$300\*. To learn more about the Aetna Health Promise incentive, please visit [pcsb.org/wellness](https://pcsb.org/wellness).

\*Incentive amount is based on employee's insurance coverage.